## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, DC 20549

## SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 1)\*

Assure Holdings Corp.				
	(Name of Issuer)			
	Common Stock \$0.001 par value par chara			
	Common Stock, \$0.001 par value per share  (Title of Class of Securities)			
	04625J204 (CUSIP Number)			
	December 31, 2022 (Date of Event Which Requires Filing of this Statement)			
	(Date of Event which Requires rining of this Statement)			
Che	eck the appropriate box to designate the rule pursuant to which this Schedule is filed:			
	[] Rule 13d-1(b)			
	[X] Rule 13d-1(c)			
	[ ] Rule 13d-1(d)			
* The ren	nainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and containing information which would alter the disclosures provided in a prior cover page.	I for any subsequent		
		A		
("Act") or oth	information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Excharges subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).	lange Act of 1934		
CUSIP No	04625J204			
00011 110	<del></del>			
1.	NAME OF REPORTING PERSONS			
1.	I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)			
	Manchester Explorer, L.P.			
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)			
		(a) [_] (b) [_]		
3.	SEC USE ONLY			
4.	CITIZENSHIP OR PLACE OF ORGANIZATION			
	Delaware			
NHIMDED (				
	OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH			
5.	SOLE VOTING POWER			
	0			
6.	SHARED VOTING POWER			
	1,752,264			
7.	SOLE DISPOSITIVE POWER			
	0			
8.	SHARED DISPOSITIVE POWER			

1,752,264

9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON  1,752,264	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	9.1%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	
	PN	
CUSIP No.	_04625J204	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Manchester Management Company, LLC	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	( ) [ ]
		(a) [] (b) []
3.	SEC USE ONLY	
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	Delaware	
NUMBER O	F SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	0	
6.	SHARED VOTING POWER	
	1,854,840	
7.	SOLE DISPOSITIVE POWER	
	0	
8.	SHARED DISPOSITIVE POWER	
	1,854,840	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,854,840	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	9.6%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	
	00	

1.	NAME OF REPORTING PERSONS	
	I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Manchester Management PR, LLC	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	(a) [_] (b) [_]
3.	SEC USE ONLY	., -
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	Puerto Rico	
NUMBER (	OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	0	
6.	SHARED VOTING POWER	
	1,854,840	
7.	SOLE DISPOSITIVE POWER	
	0	
8.	SHARED DISPOSITIVE POWER	
	1,854,840	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,854,840	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	9.6%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS) OO	
CUSIP No.	04625J204	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	James E. Besser	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	(a) [_] (b) [_]
3.	SEC USE ONLY	
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	United States of America	
NUMBER (	OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5	SOLE MOTING DOWER	
5.	SOLE VOTING POWER	
J.	78,125	

1,854,840

7.	SOLE DISPOSITIVE POWER	
	78,125	
8.	SHARED DISPOSITIVE POWER	
	1,854,840	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,932,965	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	9.9%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	
	IN	
CUSIP No.	<u>04625J204</u>	
1.	NAME OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)	
	Morgan C. Frank	
2.	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (SEE INSTRUCTIONS)	(a) [_] (b) [_]
3.	SEC USE ONLY	(0)
4.	CITIZENSHIP OR PLACE OF ORGANIZATION	
	United States of America	
NUMBER O	F SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH	
5.	SOLE VOTING POWER	
	78,125	
6.	SHARED VOTING POWER	
	1,752,264	
7.	SOLE DISPOSITIVE POWER	
	78,125	
8.	SHARED DISPOSITIVE POWER	
	1,752,264	
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	
	1,830,389	
10.	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (SEE INSTRUCTIONS)	
11.	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)	
	9.5%	
12.	TYPE OF REPORTING PERSON (SEE INSTRUCTIONS)	

IN

CUSIP No.		04625J204				
COSH INU.		VT02332VT				
Item 1. (a).		Name of Issuer:				
		Assure Holdings Corp.				
	(b).	Address of issuer's principal executive offices:				
		7887 East Belleview Avenue, Suite 500 _Denver, Colorado 80111				
Item 2.	(a).	Names of persons filing:				
		Manchester Explorer, L.P.  Manchester Management Company, LLC  Manchester Management PR, LLC  James E. Besser  Morgan C. Frank				
	(b).	Address or principal business office or, if none, residence:				
		Manchester Explorer, L.P. c/o Manchester Management Company, LLC 2 Calle Candina, #1701 San Juan, Puerto Rico, 00907 United States of America				
		Manchester Management Company, LLC 2 Calle Candina, #1701 San Juan, Puerto Rico, 00907 United States of America				
		Manchester Management PR, LLC 2 Calle Candina, #1701 San Juan, Puerto Rico, 00907 United States of America				
		James E. Besser c/o Manchester Management Company, LLC 2 Calle Candina, #1701 San Juan, Puerto Rico, 00907 United States of America				
		Morgan C. Frank c/o Manchester Management Company, LLC 2 Calle Candina, #1701 San Juan, Puerto Rico, 00907 United States of America				
	(c).	Citizenship:				
		Manchester Explorer, L.P. – Delaware limited partnership Manchester Management Company, LLC – Delaware limited liability company Manchester Management PR, LLC - Puerto Rico limited liability company James E. Besser – United States of America Morgan C. Frank – United States of America				
	(d).	Title of class of securities:				
		Common Stock, \$0.001 par value per share				
	(e).	CUSIP No.:				
		_04625J204				
Item 3.	If This	Statement is filed pursuant to §§.240.13d-1(b) or 240.13d-2(b), or (c), check whether the person filing is a				
	(a)	Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o).				
	(b)	Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c).				

Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c).

(c)

	(d)		Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C. 80a-8).
	(e)		An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);
	(f)		An employee benefit plan or endowment fund in accordance with § 240.13d-1(b)(1)(ii)(F);
	(g)		A parent holding company or control person in accordance with §240.13d-1(b)(1)(ii)(G);
	(h)		A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C.1813);
	(i)		A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a-3);
	(j)		A non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J);
	(k)		Group, in accordance with §240.13d-1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with §240.13d-1(b)(1)(ii)(J), please specify the type of institution:
Item 4.	Ownersh	in	
110111 4.		-	
	Provide t	he following i	information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.
	(a)	Amount ben	neficially owned:
		Manchester Manchester James E. Be	Explorer, L.P. – 1,752,264  Management Company, LLC – 1,854,840  Management PR, LLC – 1,854,840  seser – 1,932,965  Frank – 1,830,389
	(b)	Percent of c	lass:
		Manchester Manchester James E. Be	Explorer, L.P. – 9.1%  Management Company, LLC – 9.6%  Management PR, LLC – 9.6%  ssser – 9.9%  Frank – 9.5%
	(c)	Number of s	shares as to which the person has:
		(i) S	ole power to vote or to direct the vote
			Manchester Explorer, L.P 0
			Manchester Management Company, LLC – 0 Manchester Management PR, LLC - 0
		Ja	ames E. Besser – 78,125
		_ <u>N</u>	Morgan C. Frank – 78,125
		(ii) S	hared power to vote or to direct the vote
			fanchester Explorer, L.P. – 1,752,264
			Manchester Management Company, LLC – 1,854,840  Manchester Management PR, LLC – 1,854,840
			ames E. Besser – 1,854,840
		N	Morgan C. Frank – 1,752,264
		(iii) Sol	le power to dispose or to direct the disposition of
		Ma	unchester Explorer, L.P. – 0
			unchester Management Company, LLC – 0
		Ma	inchester Management PR, LLC - 0
			nes E. Besser – 78,125 organ C. Frank – 78,125
			ared power to dispose or to direct the disposition of
			anchester Explorer, L.P. – 1,752,264
			anchester Management Company, LLC – 1,854,840
			anchester Management PR, LLC – 1,854,840 mes E. Besser – 1,854,840
			organ C. Frank – 1.752.264

Item 5.	Ownership	of Five Percent	or Les	s of a	Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following [\_].

N/A

Item 6.

Ownership of More Than Five Percent on Behalf of Another Person.

If any other person is known to have the right to receive or the power to direct the receipt of dividends from, or the proceeds from the sale of, such securities, a statement to that effect should be included in response to this item and, if such interest relates to more than 5 percent of the class, such person should be identified. A listing of the shareholders of an investment company registered under the Investment Company Act of 1940 or the beneficiaries of employee benefit plan, pension fund or endowment fund is not required.

N/A

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

If a parent holding company or control person has filed this schedule, pursuant to Rule 13d-1(b)(1)(ii)(G), so indicate under Item 3(g) and attach an exhibit stating the identity and the Item 3 classification of the relevant subsidiary. If a parent holding company or control person has filed this schedule pursuant to Rule 13d-1(c) or Rule 13d-1(d), attach an exhibit stating the identification of the relevant subsidiary.

N/A

Item 8. Identification and Classification of Members of the Group.

If a group has filed this schedule pursuant to §240.13d-1(b)(1)(ii)(J), so indicate under Item 3(j) and attach an exhibit stating the identity and Item 3 classification of each member of the group. If a group has filed this schedule pursuant to Rule 13d-1(c) or Rule 13d-1(d), attach an exhibit stating the identity of each member of the group.

N/A

Item 9. Notice of Dissolution of Group.

Notice of dissolution of a group may be furnished as an exhibit stating the date of the dissolution and that all further filings with respect to transactions in the security reported on will be filed, if required, by members of the group, in their individual capacity. See Item 5.

N/A

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect, other than activities solely in connection with a nomination under § 240.14a-11.

## SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

February 10, 2023

(Date)

MANCHESTER EXPLORER, L.P.\*

/s/ James E. Besser

(Signature)

James E. Besser, Managing Member of the General Partner

(Name/Title)

MANCHESTER MANAGEMENT COMPANY, LLC\*

/s/ James E. Besser

(Signature)

James E. Besser, Managing Member

(Name/Title)

MANCHESTER MANAGEMENT PR, LLC\*

/s/ James E. Besser
(Signature)
James E. Besser, Managing Member
(Name/Title)
JAMES E. BESSER
/s/ James E. Besser
(Signature)
MORGAN C. FRANK
/s/ Morgan C. Frank
(Signature)

The original statement shall be signed by each person on whose behalf the statement is filed or his authorized representative. If the statement is signed on behalf of a person by his authorized representative other than an executive officer or general partner of the filing person, evidence of the representative's authority to sign on behalf of such person shall be filed with the statement, provided, however, that a power of attorney for this purpose which is already on file with the Commission may be incorporated by reference. The name and any title of each person who signs the statement shall be typed or printed beneath his signature.

Note. Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See s.240.13d-7 for other parties for whom copies are to be sent.

Attention. Intentional misstatements or omissions of fact constitute Federal criminal violations (see 18 U.S.C. 1001).

Exhibit A

## **AGREEMENT**

The undersigned agree that this Schedule 13G amendment dated February 10, 2023 relating to the Common Stock, \$0.001 par value per share, of Assure Holdings Corp. shall be filed on behalf of the undersigned.

/s/ Morgan C. Frank

February 10, 2023
(Date)
MANCHESTER EXPLORER, L.P.
/s/ James E. Besser
(Signature)
, <b>,</b>
James E. Besser, Managing Member of the General Partner
(Name/Title)
MANCHESTER MANAGEMENT COMPANY, LLC
/s/ James E. Besser
(Signature)
James E. Besser, Managing Member
(Name/Title)
MANCHESTER MANAGEMENT PR, LLC
/s/ James E. Besser
(Signature)
James E. Besser, Managing Member
(Name/Title)
JAMES E. BESSER
/s/ James E. Besser
(Signature)
MORGAN C. FRANK

(Signature)

<sup>\*</sup> The Reporting Person disclaims beneficial ownership in the common stock reported herein except to the extent of his pecuniary interest therein.